

Guadalupe County Fair

# FOOD CHALLENGE

Sunday, October 15 at 1pm  
Guadalupe County Coliseum

- Cost is \$30 per team
- 3-4 youths per team
- Teams can be from any youth org

**Deadline to register is Sept. 29**

Contact Matt Miranda to Register at [mjmiranda@ag.tamu.edu](mailto:mjmiranda@ag.tamu.edu)



**2023 Guadalupe County Fair**  
**2023 Guadalupe County Fair Food Challenge**

*Sunday, Oct. 15, Guadalupe County Coliseum*

*Entry Deadline: 29 September, 2023*

**Schedule**

Schedule: 1p.m. – Check in

1:30pm. – Contest Begins

2:15 p.m. - Interviews

Awards follow the judging around 4pm

**Entry fee**

\$25 per team entry

**Guidelines**

An entry includes a team of up to four youth in grades 3-12, following the 4-H guidelines. Individuals/teams may come from schools, churches, 4-H, etc.

There will be four food categories in each age division at the contest: Appetizer, Side Dish, Main Dish, Healthy Dessert. Teams will be randomly assigned to a category, but assignments will not be announced until orientation the morning of the contest.

Teams will use the updated Food Challenge box list and rules. [https://texas4-h.tamu.edu/wp-content/uploads/food\\_challenge\\_rules\\_guidelines\\_24.pdf](https://texas4-h.tamu.edu/wp-content/uploads/food_challenge_rules_guidelines_24.pdf)

Juniors and Intermediates will not use heat in the contest and will use the rules from the District 10 4-H Food Challenge Contest

Teams may NOT SHARE supply boxes. Teams will be provided the following items at the contest:

- Food ingredients
- The recipe ingredient list with nutrition information, the food category and a clue about their recipe
- Notebook with the printed resources (reference food challenge manual)

During the 40 minute cooking time, team members will be required to prepare the dish, determine its nutritional value, service size, etc. and prepare a five minute presentation for the team members to present to the judge!

For more information, check out the Guadalupe County 4-H Website at <http://guadalupe.agrilife.org/4-h/>

For more information, contact Matt Miranda at 830-303-3889 or [mjmiranda@ag.tamu.edu](mailto:mjmiranda@ag.tamu.edu)