This email is being sent blind copy to all County Extension Agents, County Extension Offices, 4-H Faculty members and Regional Program Leaders. If it does not apply to you, please simply delete the message.

The Texas 4-H Youth Development Program is pleased to announce the release of the Food Challenge Manual & Guidelines for the 2015-16 4-H year. The manual is attached and posted on the 4-H healthy lifestyles website at: http://texas4-h.tamu.edu/healthy_lifestyles. There are no major changes to the contest this year. However, a few additions have been made to the supply box list, including a cookie sheet, skewers and first aid kit.

Please also share with 4-H members and volunteers that there are multiple opportunities to participate in the food challenge at major livestock shows, including:
State Fair of Texas: Monday, September 28th
San Angelo Stock Show & Rodeo: January 27th
San Antonio Livestock Show & Rodeo: February 11th
Houston Livestock Show & Rodeo: March 8th

Please contact me if have any questions about the 4-H food challenge.

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